Support San Carlos Women-Owned Businesses

Business Name	Business Description	Business Owner	Website/Contact
Activities and Fitnes	S		
FIT4MOM SF Peninsula	Fitness classes and community for moms in all stages of motherhood		sfpeninsula.FIT4MOM.com
Dance Vita Ballroom	Ballroom Dance Studio		dancevita.com
Maya Kherani, Soprano and Voice Teacher	Classically-trained soprano and voice teacher (ages 14+)		mayakherani.com
Baby and Child			
2 Cheeky Monkeys Speech & Feeding	Speech & Feeding Assessment and Treatment, Birth to 18		2cheekymonkeys.com
alliemslp Speech Therapy Group, Inc.	Boutique speech pathology practices that supports tiny humans and their grown ups through speech and feeding therapy and "baby and me" Learn With Less® enrichment groups	Allie Glazer	alliemslp.com
Cutzie Clozet	Adorable no-slip clothes hangers for kids	Cindy Holloway	<u>cutzieclozet.com</u>
Happy Campers Preschool and Infant Toddler Center	Child care/Preschool		happycampers123.com
Lunapaca	Plastic free baby diapers (reusable) made from organic cotton + sustainable alpaca		lunapaca.com
Newmom.me	Marketplace connecting new and parents to be with services, products and educational resources.		newmom.me
Paragon Montessori	Montessori Preschool ages 2.5-		facebook.com/paragonmontessori
Rally Gymnastics	Character Building and Physical Fitness for kids ages 4-13 years old	Lisa Marie Migliorisi	rallygymnastics.com
Revive Tutoring	Tutoring company serving grades Pre-K through 12		revivetutoring.com
S.A.M Singapore Math	Math enrichment program for preschool-middle schools kids age 4-13		seriously addictive mathematics. us/belmont
Shining Light Speech & Language Services	Speech and Language screenings, evaluations, and therapy for children and consultations and support for families.	Janette McAfee	shininglightspeech.com
Spark & Sprout	Holistic coaching for tweens and teens: interest-driven and gamified English (reading, writing, discussion) tutoring + confidence coaching + social-emotional support.		sparkandsprout.co
Tide Pool Play	Waste-free toy consumption for families with kids ages 0-5 / Toy Library		tidepoolplay.com
Business and Finance	cial Services		
AODesigns	Graphic Design and Creative Services		adriaolender.com
Arc Growth	Executive Coaching and Analytics & Growth Strategy Consulting	Rachael Maltiel Swenson	arcgrowthllc.com
Arina Consulting, LLC	Medical Device Regulatory/FDA Strategy		arinaconsulting.com
Dils Web Design	Website Design, Development and Strategy for Small Businesses	Veronica Dils	<u>dilsweb.com</u>
JDHR Solutions, LLC	I provide general HR services and support, primarily for small businesses and start-up companies. I also assist companies of all sizes with their closing/business		jan@jdhrsolutions.com
Lauren Berlin Coaching	Executive Coaching and Leadership Development - for women who want to level up as a leader, increase their resilience by reducing stress and burnout, or simply get "unstuck"	Lauren Berlin	<u>laurenberlincoaching.com</u>
MDH Coaching & Consulting	Professional coaching, life coaching and business consulting		mdhcoaching.com
Neumann Capital Management, LLC	Investment Management and Financial Planning	Caroline Gorham	neumanncapital.com
Noctilume LLC	Strategy consulting for creative businesses	Elfreda Chan	noctilume.com
Paliq, Inc	Billing Software: We handle all your billing needs, one time, recurring, pay as you go		paliq.io
PracticeAmp Digital Marketing	Local SEO (search engine optimization) for brick-and-mortar locations, specializing in healthcare practice		<u>practiceamp.ca</u>
Prima Printing	Full service printing company including apparel and promotional products		www.primaprinting.com
Shannon Fenech Insurance Agency	Insurance Agent: Auto-Home-Business-Life Insurance		agents.farmers.com/ca/san- mateo/shannon-fenech
Vicki Sexton - Freelance Social Media Marketing	Freelance Social Media Marketing / Management for local restaurants	Vicki Sexton	vickisextonstyle.com
Events, Experiences	& Photography		
CLK Crafts	Three local sisters started CLK Crafts and Events to take the guess work out of hosting a craft party from the comfort of your own home! Sip & Craft! We also host monthly craft nights at Blue Oak Brewing Co (San Carlos)		sites.google. com/view/clkcraftsandevents/home
Fun and Confetti	I'm a full service event planner, event designer, and we also do balloon	Myri Dujovne	<u>funandconfetti.com</u>
Michele Lago Events	Event Marketing & Sports Operations Consultant		michelelago.com
Connie Bensen Photographer	A specialized portrait photography experience for families, children and high school seniors creating photography artwork to decorate your home.	Connie Bensen	conniebensenphoto.com
Teresa Halton Photography	Teresa Halton is a renowned Bay Area family portrait, wedding, high school senior and event photographer.	Teresa Halton	teresahalton.com
The Moonlight Collective	The Moonlight Collective is a hyper-local experience marketplace. Explore a world of authentic and intimate experiences guided by locals right around the corner.	Kelly Choi & Maggie Wang	themoonlightcollective.com

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Twin Frames Photography,	Natural light photography specializing in portraits and lifestyle sessions		twinframesphoto.com	
LLC				
		Kylene Chinsio Shen		
Food and Drink				
After-School Snack Attack	Small-batch pop-up bakery specializing in reimagined family favorites. Rotating weekly menu highlighting seasonal ingredients. Custom orders are also welcome!	Michelle Nayfack	afterschoolsnackattack.com	
Currysutra LLC / Explore Culinary Arts	Corporate team building events, cooking classes, catering, private chef services, pop-up dinners, kids culinary camps, and handcrafted spice, salt and sugar blends	Teena Arora	currysutra.com	
Mama Chee LLC	Mama Chee makes delicious homemade all-organic chicken soup with Chinese ingredients	Michelle Hoy	mama-chee.com	
On The Board Gourmet	Custom made charcuterie graze boards and tables	Sylvie Stulic	ontheboardgourmet.com	
Papachay Peruvian Coffee	Coffee shop and roasting facility	, , , , , , , , , , , , , , , , , , , ,	papachay.com	
Sarah Lindsay Cakes / Midnight Maker Wreaths	Custom cakes. Cake and cupcake lessons / custom and season handmade wreaths. Wreaths are made from vintage, new, found objects, and upcycles toys	Sarah Lindsay	sarahlindsaycakes.com	
Sunshine HK Cafe	Hong Kong Cafe - Come try some authentic Hong Kong food. Dine-in, take out,	Jane Wong	sunshinehkcafe.com	
Susler Sales	Wine sales, functional beverages; non alcohol sales	, , ,	suslersales@gmail.com	
Goods and Gifts				
Deiva, LLC	Luxury Home Fragrances		deivastore.com	
Fancy Nancy Creations	Customization including hand engraving and machine embroidery. We also hand		fancynancycreations.com	
	make a variety of novelty gift items, dog leashes and dog collars, city gps coordinate signs pillows and dish towels.	Nancy Toth Schmidt		
Kahana Collective	Mother daughter trio designing and creating handmade jewelry featuring genuine pearls and gemstones.	Nancy, Hannah and Kaitly		
Keepuzzle	Creative gifts and event activities	Susan Cooper	keepuzzle.com	
Maujh	Handcrafted luxury watch bands to elevate your Apple Watch & Unique,	Shruti Shah Goradia	maujh.com	
Pyarful	Stationery, gifts, and goods inspired by South Asian culture		pyarful.com	
Saucey Scarves	Handmade accessories for you and your pet	Olivia Zell	etsy.com/shop/SauceyScarvesCrafts	
Sew Amusing	Bringing sewing back! I offer sewing project kits, patterns, fabric, handmade items and sewing classes	Veronica Dils	sewamusing.com	
Sew Mel Handmade	Creating custom quilts for the little loves in your life, no matter how big they are. I create handmade quilts. I also take custom orders for baby quilts, t-shirt quilts, memory quilts, and custom sized table runners.	Melissa Riccio	sewmelhandmade.com	
Sweet Tea Flowers	An online floral business that caters to the Bay Area, providing flower arrangements for everyday arrangements to special events. Additionally, we offer interactive workshops.	Alicia Rupan	sweetteaflowers.com	
Tavolo Studios	Bespoke wood decor to elevate your kitchen and entertaining experience.	Esterina Gentilcore	tavolostudios.com	
Vegaria Art	Fine Artist creating contemporary paintings, home decor products, and fashion		vegaria-art.com	
-	(scarves, dresses, and more). Accepting custom made / commission artwork	Renata Aryanti	_	
Health and Personal				
Beautycounter by Susana	Consultant for clean skincare and beauty products	Susana Lerner	beautycounter.com/susanalerner	
Becoming Mothers Counseling	A mental health therapy practice dedicated to providing psychotherapy, postpartum coaching, and community building wellness services for women who are becoming mothers.		becomingmotherscounseling.com	
Bernadette Soriben-Oh, RN Aesthetic Nurse Injector	Medical aesthetic treatments in your home. Botox/Xiomen injections, Chemical peels, Dermatology based skin care for anti-aging, acne, sensitive skin, & hyperpigmentation.	Bernadette Soriben	https://www.persimmon.life/p? id=297&name=bernadette-s	
Coaching by Chez	Life coaching to help you push through challenges and make meaningful and lasting change in the area that matters most to you. In person or virtual, & vision board workshops.	Chez Rueda	coachingbychez.com	
Hamilton Chiropractic	Chiropractor specializing in prenatal, postpartum and infant care. I help families have great pregnancies & births. I also help babies have a great start to life.		hamiltonhiros.com	
Home Massage & Studio	Monica Zamora is a certified Massage Therapist. She focuses her work with women and seniors and provides prenatal and postpartum massage services as well.	Monica Zamora	650-556-4677	
Maria Rivas-Wolf, LMFT	Psychotherapy for individuals and couples, specializing in maternal and reproductive mental health	Maria Rivas-Wolf	reproductiveandmaternalmentalhealth.com	
Pediatric Wellness Partners	Behavioral Health & Psychiatry for Kids & Teens	Kimberly Erlich	pediatricwellnesspartners.com	
Rekindle Romance	Couples Coaching to improve communication and increase connection	Tambony Enion	rekindle-romance.com	
San Carlos IV Bar	Medspa, vitamin treatments, facials, and medical grade skincare products		sancarlosivbar.com	
Silver Streak Acupuncture	Chinese Medicine (Acupuncture and Herbal therapy)		silverstreakacupuncture.com	
Simple Beauty Minerals	A small, independent beauty brand with a focus on easy, natural makeup looks, effective skin care & healthy habits		simplebeautyminerals.com	
The French Door	I'm a Licensed Esthetician, Licensed Massage Therapist & committed to providing a sanctuary of escape in each appointment.		thefrenchdoorstudio.com	
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Support San Carlos Women-Owned Businesses Business Description Website/Contact **Business Name Business Owner** The Neurodevelopmental Collective offers comprehensive, strengths-based The Neurodevelopmental neurodevelopmentalcollective.com evaluations. My goal is to help families truly understand their child and leave with Collective Jessica Snowden Patel clear, practical next steps. **Home Services** Alana Corso Real Estate Residential Real Estate Broker that helps individuals and families buy/sell/lease alanacorso.com homes in San Carlos and surrounding cities. Broker @ Christie's Sereno Alana Corso **Bynn Esmond Designs** Interior design firm helping with the planning and design for interior remodels esmond.com Falk, Barrot & Associates, LLP Estate Planning Law Firm falkbarrot.com Kim Thomas Barrot Jessie is a residential realtor who helps buyers and sellers in the mid-Peninsula. Jessica Myers Real Estate Jessica Myers jessiemyers.com kalmdesigngroup.com Kalm Design Group, Inc. Full Service Design, Remodel, New Construction Liz McGee Min, Realtor Residential real estate agent who helps both buyers and sellers achieve their https://veritashomes.com/agents/lizhousing goals in the Mid-Peninsula. Liz McGee Min mcgee Millhammer Project management for residential home remodeling Megan Miller millhammer.com Raval Interior Design Dikisha Raval Residential Interior Design Firm ravalinteriordesign.com The Tidy Edit Home organizing services thetidyedit.com Anjena Kacholiya Vacation Helping people with planning and booking their dream air, land and sea vacations expediacruises.com/en-Consultant with Expedia Anjena Kacholiya US/AnjenaKacholiya **Family Travel** Travel agency that caters to Family Travel, multi generational travel, solo travel, www.family.travel and couples travel throughout the world. Kelly Gregg Rubingh Fora Travel Advisor Next-level travel powered by tech and the human touch. I can help you build your foratravel.com/advisor/jenniferdream vacation. Get killer recommendations & perks, a seamless booking rustigian experience — and maybe a cool new friend along the way. Jennifer Rustigian Wanderlust Women Wanderlust Women offers small group journeys that are active explorations full of wanderlust-women.com Kelly Gregg Rubingh amazing sights, cultural experiences and fun with new women friends! Add or edit your https://forms.gle/AynK11RcbrStLCmh9 business here